



## HOME HEALTH: WASHINGTON

# Home Health Outcomes and Met Quality Measures

**WASHINGTON** home health care agencies provide high-quality, critical care to patients in their homes, helping those patients meet their goals and avoid rehospitalizations.

The Medicare home health benefit covers skilled nursing care and therapy services provided to patients in their own residence. The patient must be under the care of a physician-approved place of care, meet the definition of “homebound,” and be in need of skilled services on an intermittent basis. Patients often receive home health care following an acute care hospital discharge or because they

require certain rehabilitation services. Services include care from highly skilled nurses, physical therapists, occupational therapists, speech-language pathologists, and medical social workers. Home health aides provide personal care services for patients if needed to support skilled nursing services.

For an aging population, home health offers the unique ability to provide care in a setting familiar to the patient while improving outcomes and providing excellent care to patients and their families.

## How Often Home Health Team Met Quality Measures Related to Patient Care in 2020<sup>1</sup>

|                 | Physician Recommended Actions to Address Medication Issues were Completed in Timely Manner | Taught patients (or their family caregivers) about their drugs | Began care in timely manner | Made Sure that Their Patients Have Received a Flu Shot for the Current Flu Season |
|-----------------|--|--|-----------------------------|---|
| <b>STATE</b>    | <b>87.8%</b>   | <b>99.1%</b>   | <b>94.4%</b>                | <b>80.3%</b>  |
| <b>NATIONAL</b> | 94.0%  | 98.6%  | 95.7%                       | 78.7%   |

## 2020 Averages for Patient Outcomes while in Home Health Care<sup>1</sup>

|                 | Got better at bathing | Got better at walking or moving around | Got better at getting in and out of bed | Got better at taking drugs correctly by mouth |
|-----------------|-----------------------|--|---|---|
| <b>STATE</b>    | <b>78.5%</b>          | <b>78.0%</b>                           | <b>81.7%</b>                            | <b>68.0%</b>                                  |
| <b>NATIONAL</b> | 82.3%                 | 79.6%                                  | 81.1%                                   | 75.0%   |

<sup>1</sup> KING Health Consulting, LLC and the Research Institute for Home Care; Home Care Chartbook Data. November 2022  
(Citing and analyzing from Centers for Medicare and Medicaid Services, Medicare Home Health Compare, 2020)